

Lunch Schedule

GLUTEN FREE - DECEMBER 2018

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
2	3 Grilled Chicken Chicken Gluten Free Bread Mixed Veggies Sliced Apples 1% or Whole Milk	4 Sloppy Joe Ground Beef/Turkey Blend Gluten Free Bread Carrots Pineapple 1% or Whole Milk	5 Italian Chicken Pasta Chicken/Mozz/Ched Cz Gluten Free Pasta Green Beans Fresh Banana 1% or Whole Milk	6 Wild Rice Chicken Chicken Wild/Brown Rice Blend (WGR) Corn Fresh Orange Slices 1% or Whole Milk	7 Grilled Cheese Cheddar Cheese Gluten Free Bread Cucumber Salad Fresh Cantaloupe 1% or Whole Milk	8
9	10 Wow Butter Sandwich Wow Butter Gluten Free Bread Corn Fresh Apple 1% or Whole Milk	11 Turkey Turkey Mashed Potatoes Gluten Free Bread Applesauce 1% or Whole Milk	12 Chicken Ranch Sliders Chicken Gluten Free Bread Mixed Veggies Fresh Banana 1% or Whole Milk	13 Taco Mac N Cheese Cheddar Cz/Beef/Turkey Gluten Free Pasta Green Beans Peas 1% or Whole Milk	14 BBO Chicken Wrap Chicken Gluten Free Tortilla Green Beans Pineapple 1% or Whole Milk	15
16	17 BBQ Hamburger Beef Gluten Free Bread Mixed Veggies Apple Slices 1% or Whole Milk	18 Pizza Pasta Mozz/Cheddar Cz Gluten Free Pasta Corn Fresh Orange Slices 1% or Whole Milk	19 Beef Taco Ground Beef/Turkey Blend Gluten Free Tortilla Carrots Fresh Banana 1% or Whole Milk	20 Wild Rice Chinese Chicken Chicken Wild/Brown Rice Blend (WGR) Peas Fresh Banana 1% or Whole Milk	21 Grilled Cheese Cheddar Cheese Gluten Free Bread Baked Beans Pineapple 1% or Whole Milk	22
23	24 Beef Taco Ground Beef/Turkey Blend Gluten Free Tortilla Vegetable Blend Sliced Apple 1% or Whole Milk	25 Closed Happy Holidays	26 Wow Butter Sandwich Wow Butter Gluten Free Bread Corn Fresh Orange Slices 1% or Whole Milk	27 Chicken Chili Chicken Gluten Free Bread Peas Applesauce 1% or Whole Milk	28 Turkey Ranch Wrap Chicken Gluten Free Tortilla Cucumber Salad Fresh Cantaloupe 1% or Whole Milk	29
30	31 Chicken Ranch Sliders Chicken Gluten Free Bread Carrots Pineapple 1% or Whole Milk					

All lunches follow cacfp (child and adult care food program)

Milk Guide 12-24 months (1/2 cup Whole Milk) 3-5 Years (3/4cup 1% Milk) Snack (1/2cup 1% Milk) 6-Adult (1cup 1% Milk)
 (WGR) = Whole Grain-Rich Foods

