

# Lunch Schedule

## GLUTEN FREE - JANUARY 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 <b>Closed</b> <b>Happy New Year</b>	2 <b>Sun Butter Sandwich</b> Sun Butter Gluten Free Bread Corn Fresh Apples 1% or Whole Milk	3 <b>Mac N Cheese</b> 100% Cheddar Cheese Gluten Free Pasta Carrots Fresh Orange Slices 1% or Whole Milk	4 <b>BBQ Chicken Wrap</b> Chicken Gluten Free Tortilla Peas Peaches 1% or Whole Milk	5
6	7 <b>Salisbury Steak</b> 100% Beef Gluten Free Bread Corn Apple Slices 1% or Whole Milk	8 <b>Turkey</b> Turkey Mashed Potatoes Gluten Free Bread Fresh Orange Slices 1% or Whole Milk	9 <b>Chicken Ranch Sliders</b> Chicken Gluten Free Bread Mixed Veggies Fresh Banana 1% or Whole Milk	10 <b>Taco Mac N Cheese</b> Cheddar Cz/Beef/Turkey Gluten Free Pasta Green Beans Applesauce 1% or Whole Milk	11 <b>Grilled Cheese</b> Cheddar Cheese Gluten Free Pasta Cucumber Salad Pineapple 1% or Whole Milk	12
13	14 <b>Hamburger</b> 100% Beef Gluten Free Bread Mixed Veggies Peaches 1% or Whole Milk	15 <b>Pizza Pasta</b> Mozz/Cheddar Cz Gluten Free Pasta Corn Fresh Orange Slices 1% or Whole Milk	16 <b>Beef Taco</b> Ground Beef/Turkey Blend Gluten Free Tortilla Carrots Applesauce 1% or Whole Milk	17 <b>Grilled Chicken</b> Chicken Gluten Free Bread Peas Fresh Banana 1% or Whole Milk	18 <b>Cheeseburger Mac N Cheese</b> Gr. Turkey/Beef/Cheddar Cz Gluten Free Pasta Baked Beans Pineapple 1% or Whole Milk	19
20	21 <b>Sun Butter Sandwich</b> Sun Butter Gluten Free Bread Corn Fresh Apple 1% or Whole Milk	22 <b>Beef Taco</b> Ground Beef/Turkey Blend Gluten Free Tortilla Vegetable Blend Peaches 1% or Whole Milk	23 <b>Turkey</b> Turkey Mashed Potatoes Gluten Free Bread Fresh Orange Slices 1% or Whole Milk	24 <b>Chicken Chili</b> Chicken Gluten Free Bread Peas Pears 1% or Whole Milk	25 <b>Grilled Cheese</b> Cheddar Cheese Gluten Free Bread Baked Beans Applesauce 1% or Whole Milk	26
27	28 <b>Grilled Chicken</b> Chicken Gluten Free Bread Mixed Veggies Apple Slices 1% or Whole Milk	29 <b>Sloppy Joe</b> Ground Beef/Turkey Blend Gluten Free Bread Corn Fresh Orange Slices 1% or Whole Milk	30 <b>Chicken Ranch Sliders</b> Chicken Gluten Free Bread Carrots Pineapple 1% or Whole Milk	31 <b>Wild Rice Chicken</b> Chicken Wild/Brown Rice Blend (WRG) Green Beans Fresh Banana 1% or Whole Milk		

All lunches follow cacfp (child and adult care food program)

**Milk Guide** 12-24 months (1/2 cup Whole Milk) 3-5 Years (3/4cup 1% Milk) Snack (1/2cup 1% Milk) 6-Adult (1cup 1% Milk)  
(WGR) = Whole Grain-Rich Foods

