

Lunch Schedule

JANUARY 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 Closed Happy New Year	2 Meatball Bombers Chicken/Beef Wheat Roll (WGR) Corn Fresh Apples 1% or Whole Milk	3 Mac N Cheese 100% Cheddar Cheese Wheat Rotini (WGR) Carrots Fresh Orange Slices 1% or Whole Milk	4 BBQ Chicken Wrap Chicken Wheat Tortilla (WGR) Peas Peaches 1% or Whole Milk	5
6	7 Salisbury Steak Beef Wheat Bread (WGR) Corn Apple Slices 1% or Whole Milk	8 Turkey & Gravy Turkey & Gravy Mashed Potatoes Wheat Roll Fresh Orange Slices 1% or Whole Milk	9 Chicken Ranch Sliders Chicken Whole Grain Roll (WGR) Mixed Veggies Fresh Banana 1% or Whole Milk	10 Taco Mac N Cheese Cheddar Cz/Beef/Turkey Wheat Elbow (WRG) Green Beans Applesauce 1% or Whole Milk	11 Grilled Cheese Cheddar Cheese Wheat Bread (WGR) Cucumber Salad Pineapple 1% or Whole Milk	12
13	14 BBQ Hamburger Beef Wheat Roll (WRG) Mixed Veggies Peaches 1% or Whole Milk	15 Pizza Pasta* Mozz/Cheddar Cz Wheat Elbow (WGR) Corn Fresh Orange Slices 1% or Whole Milk <small>*Topped with Turkey Pepperoni</small>	16 Beef Taco Ground Beef/Turkey Blend Wheat Tortilla Shell (WGR) Carrots Applesauce 1% or Whole Milk	17 Chicken Nuggets Chicken Wheat Bread (WRG) Peas Fresh Banana 1% or Whole Milk	18 Cheeseburger Mac N Cheese Gr. Turkey/Beef/Cheddar Cz Wheat Rotini (WGR) Baked Beans Pineapple 1% or Whole Milk	19
20	21 Meatball Bombers Chicken/Beef Wheat Roll (WRG) Corn Fresh Apple 1% or Whole Milk	22 Beef Taco Ground Beef/Turkey Blend Wheat Tortilla Shell (WGR) Vegetable Blend Peaches 1% or Whole Milk	23 Turkey & Gravy Turkey & Gravy Mashed Potatoes Wheat Roll Fresh Orange Slices 1% or Whole Milk	24 Chicken Chili Chicken Wheat Roll (WGR) Peas Pears 1% or Whole Milk	25 Grilled Cheese Cheddar Cheese Wheat Bread (WGR) Baked Beans Applesauce 1% or Whole Milk	26
27	28 Chicken Nuggets Chicken Wheat Bread (WRG) Mixed Veggies Apple Slices 1% or Whole Milk	29 Sloppy Joe Ground Beef/Turkey Blend Hamburger Bun (WGR) Corn Fresh Orange Slices 1% or Whole Milk	30 Chicken Ranch Sliders Chicken Whole Grain Roll (WGR) Carrots Pineapple 1% or Whole Milk	31 Wild Rice Chicken Chicken Wild/Brown Rice Blend (WRG) Green Beans Fresh Banana 1% or Whole Milk		

All lunches follow cacfp (child and adult care food program)

Milk Guide 12-24 months (1/2 cup Whole Milk) 3-5 Years (3/4cup 1% Milk) Snack (1/2cup 1% Milk) 6-Adult (1cup 1% Milk)
(WGR) = Whole Grain-Rich Foods



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