

# Lunch Schedule

## EGG & DAIRY FREE - FEBRUARY 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1 <b>Italian Chicken Pasta</b> Chicken Wheat Rotini (WGR) *EDF Peas Peaches 1% or Whole Milk	2
3	4 <b>BBQ Hamburger</b> 100% Beef Hamburger Wheat Roll (WGR) *EDF Corn Apple Slices 1% or Whole Milk	5 <b>Turkey</b> Turkey Mashed Potatoes Wheat Roll Fresh Orange Slices 1% or Whole Milk	6 <b>Chicken Sliders</b> Chicken Wheat Roll (WGR) *EDF Mixed Veggies Fresh Banana 1% or Whole Milk	7 <b>Italian Chicken Pasta</b> Chicken Wheat Rotini (WGR) *EDF Green Beans Applesauce 1% or Whole Milk	8 <b>Sun Butter on English Muffin</b> Sun Butter English Muffin (WGR) *EDF Cucumber Salad Pineapple 1% or Whole Milk	9
10	11 <b>Grilled Chicken</b> Chicken Wheat Bread (WGR) *EDF Mixed Veggies Peaches 1% or Whole Milk	12 <b>Italian Chicken Pasta</b> Chicken Wheat Rotini (WGR) *EDF Corn Fresh Orange Slices 1% or Whole Milk <small>*Topped with Turkey Pepperoni</small>	13 <b>Beef Taco</b> Ground Beef/Turkey Blend Wheat Tortilla Shell (WGR) Carrots Applesauce 1% or Whole Milk	14 <b>Sun Butter on English Muffin</b> Sun Butter English Muffin (WGR) *EDF Peas Fresh Banana 1% or Whole Milk	15 <b>Chicken &amp; Noodles</b> Chicken Wheat Rotini (WGR) Baked Beans Pineapple 1% or Whole Milk	16
17	18 <b>Turkey Sliders</b> Turkey Whole Grain Roll (WGR) *EDF Corn Fresh Apple 1% or Whole Milk	19 <b>Beef Taco</b> Ground Beef/Turkey Blend Wheat Tortilla (WGR) *EDF Vegetable Blend Peaches 1% or Whole Milk	20 <b>Turkey</b> Turkey Mashed Potatoes Wheat Roll (WGR) *EDF Fresh Orange Slices 1% or Whole Milk	21 <b>Chicken Chili</b> Chicken Wheat Roll (WGR) *EDF Peas Pears 1% or Whole Milk	22 <b>Turkey Wrap</b> Chicken Wheat Tortilla (WGR) *EDF Cucumber Salad Applesauce 1% or Whole Milk	23
24	25 <b>BBQ Chicken</b> Chicken Wheat Roll (WGR) *EDF Mixed Veggies Apple Slices 1% or Whole Milk	26 <b>Sloppy Joe</b> Ground Beef/Turkey Blend Wheat Roll (WGR) *EDF Corn Fresh Orange Slices 1% or Whole Milk	27 <b>Chicken Sliders</b> Chicken Whole Grain Roll (WGR) Carrots Pineapple 1% or Whole Milk	28 <b>Wild Rice Chicken</b> Chicken Wild/Brown Rice Blend (WGR) Green Beans Fresh Banana 1% or Whole Milk		

All lunches follow cacfp (child and adult care food program)

**Milk Guide** 12-24 months (1/2 cup Whole Milk) 3-5 Years (3/4cup 1% Milk) Snack (1/2cup 1% Milk) 6-Adult (1cup 1% Milk)  
(WGR) = Whole Grain-Rich Foods \*EDF (Egg & Dairy Free)

