

Lunch Schedule

VEGETARIAN FEBRUARY 2019

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|---------------|---|---|---|--|---|---------------|
| | | | | | Cheese Wrap ¹ Low Fat Mozz Cheese Wheat Tortilla (WGR) Peas Peaches 1% or Whole Milk | ² |
| ³ | ⁴ Veggie Burger Veggie Burger & Gravy Wheat Bread (WGR) Corn Apple Slices 1% or Whole Milk | ⁵ Sun Butter Sandwich Sun Butter Wheat Bun (WGR) Mashed Potatoes Fresh Orange Slices 1% or Whole Milk | ⁶ Cheddar Rollup Cheddar Cheese Wheat Tortilla (WGR) Mixed Veggies Fresh Banana 1% or Whole Milk | ⁷ Taco Mac N Cheese Cheddar Cz Wheat Elbow (WRG) Green Beans Applesauce 1% or Whole Milk | ⁸ Black Bean Wrap Black Beans Wheat Tortilla (WGR) Cucumber Salad Pineapple 1% or Whole Milk | ⁹ |
| ¹⁰ | ¹¹ BBQ Veggie Hamburger Veggie Burger Wheat Roll (WGR) Mixed Veggies Peaches 1% or Whole Milk | ¹² Pizza Pasta Mozz/Cheddar Cz Wheat Elbow (WGR) Corn Fresh Orange Slices 1% or Whole Milk | ¹³ Cheddar Rollup Cheddar Cheese Wheat Tortilla (WGR) Carrots Applesauce 1% or Whole Milk | ¹⁴ Sun Butter Sandwich Sun Butter Wheat Bun (WGR) Peas Fresh Banana 1% or Whole Milk | ¹⁵ Mac N Cheese Cheddar Cz Wheat Rotini (WGR) Baked Beans Pineapple 1% or Whole Milk | ¹⁶ |
| ¹⁷ | ¹⁸ Veggie Burger Bombers Veggie Burger Wheat Rotini (WGR) Corn Fresh Apple 1% or Whole Milk | ¹⁹ Black Bean Wrap Black Beans Wheat Tortilla (WGR) Vegetable Blend Peaches 1% or Whole Milk | ²⁰ Sun Butter Sandwich Sun Butter Wheat Bun (WGR) Wheat Roll Fresh Orange Slices 1% or Whole Milk | ²¹ Chili Beans Wheat Roll (WGR) Peas Pears 1% or Whole Milk | ²² Grilled Cheese Cheddar Cheese Wheat Bread (WGR) Cucumber Salad Applesauce 1% or Whole Milk | ²³ |
| ²⁴ | ²⁵ Black Bean Wrap Black Beans Wheat Tortilla (WGR) Mixed Veggies Apple Slices 1% or Whole Milk | ²⁶ Sun Butter Sandwich Sun Butter Wheat Bun (WGR) Corn Fresh Orange Slices 1% or Whole Milk | ²⁷ Cheddar Rollup Cheddar Cheese Wheat Tortilla (WGR) Carrots Pineapple 1% or Whole Milk | ²⁸ Cheddar Rice Cheddar Cheese Wild/Brown Rice Blend (WRG) Green Beans Fresh Banana 1% or Whole Milk | | |

All lunches follow cacfp (child and adult care food program)

Milk Guide 12-24 months (1/2 cup Whole Milk) 3-5 Years (3/4cup 1% Milk) Snack (1/2cup 1% Milk) 6-Adult (1cup 1% Milk)
 (WGR) = Whole Grain-Rich Foods

