

Lunch Schedule

GLUTEN FREE - MARCH 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					Mac N Cheese ¹ Cheddar Cheese Gluten Free Pasta Peas Peaches 1% or Whole Milk	²
³	Hamburger ⁴ 100% Beef Gluten Free Bread Corn Apple Slices 1% or Whole Milk	Turkey ⁵ Turkey Mashed Potatoes Gluten Free Bread Fresh Orange Slices 1% or Whole Milk	Chicken Ranch Sliders ⁶ Chicken Gluten Free Bread Mixed Veggies Fresh Banana 1% or Whole Milk	Taco Mac N Cheese ⁷ Cheddar Cz/Beef/Turkey Gluten Free Pasta Green Beans Applesauce 1% or Whole Milk	Grilled Cheese ⁸ Cheddar Cheese Gluten Free Pasta Cucumber Salad Pineapple 1% or Whole Milk	⁹
¹⁰	Salisbury Steak ¹¹ 100% Beef Gluten Free Bread Mixed Veggies Peaches 1% or Whole Milk	Beef Taco ¹² Ground Beef/Turkey Blend Gluten Free Tortilla Corn Fresh Orange Slices 1% or Whole Milk	Pizza Pasta ¹³ Mozz/Cheddar Cz Gluten Free Pasta Carrots Applesauce 1% or Whole Milk	Grilled Chicken ¹⁴ Chicken Gluten Free Bread Peas Fresh Banana 1% or Whole Milk	Cheeseburger Mac N Cheese ¹⁵ Gr. Turkey/Beef/Cheddar Cz Gluten Free Pasta Baked Beans Pineapple 1% or Whole Milk	¹⁶
¹⁷	Sun Butter Sandwich ¹⁸ Sun Butter Gluten Free Bread Corn Fresh Apple 1% or Whole Milk	Beef Taco ¹⁹ Ground Beef/Turkey Blend Gluten Free Tortilla Vegetable Blend Peaches 1% or Whole Milk	Turkey ²⁰ Turkey Mashed Potatoes Gluten Free Bread Fresh Orange Slices 1% or Whole Milk	Chicken Chili ²¹ Chicken Gluten Free Bread Peas Peas 1% or Whole Milk	Grilled Cheese ²² Cheddar Cheese Gluten Free Bread Cucumber Salad Applesauce 1% or Whole Milk	²³
^{24/31}	Grilled Chicken ²⁵ Chicken Gluten Free Bread Mixed Veggies Apple Slices 1% or Whole Milk	Sloppy Joe ²⁶ Ground Beef/Turkey Blend Gluten Free Bread Corn Fresh Orange Slices 1% or Whole Milk	Chicken Ranch Sliders ²⁷ Chicken Gluten Free Bread Carrots Pineapple 1% or Whole Milk	Wild Rice Chicken ²⁸ Chicken Wild/Brown Rice Blend (WRG) Green Beans Fresh Banana 1% or Whole Milk	Goulash ²⁹ Ground Beef/Turkey Blend Gluten Free Pasta Peas Applesauce 1% or Whole Milk	³⁰

All lunches follow cacfp (child and adult care food program)

Milk Guide 12-24 months (1/2 cup Whole Milk) 3-5 Years (3/4cup 1% Milk) Snack (1/2cup 1% Milk) 6-Adult (1cup 1% Milk)
 (WGR) = Whole Grain-Rich Foods

