

Lunch Schedule

VEGETARIAN MARCH 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					Cheese Wrap ¹ Low Fat Mozz Cheese Wheat Tortilla (WGR) Peas Peaches 1% or Whole Milk	²
³	⁴ Veggie Burger Veggie Burger & Gravy Wheat Bread (WGR) Corn Apple Slices 1% or Whole Milk	⁵ Sun Butter Sandwich Sun Butter Wheat Bun (WGR) Mashed Potatoes Fresh Orange Slices 1% or Whole Milk	⁶ Cheddar Rollup Cheddar Cheese Wheat Tortilla (WGR) Mixed Veggies Fresh Banana 1% or Whole Milk	⁷ Taco Mac N Cheese Cheddar Cz Wheat Elbow (WRG) Green Beans Applesauce 1% or Whole Milk	⁸ Black Bean Wrap Black Beans Wheat Tortilla (WGR) Cucumber Salad Pineapple 1% or Whole Milk	⁹
¹⁰	¹¹ BBQ Veggie Hamburger Veggie Burger Wheat Roll (WGR) Mixed Veggies Peaches 1% or Whole Milk	¹² Pizza Pasta Mozz/Cheddar Cz Wheat Elbow (WGR) Corn Fresh Orange Slices 1% or Whole Milk	¹³ Cheddar Rollup Cheddar Cheese Wheat Tortilla (WGR) Carrots Applesauce 1% or Whole Milk	¹⁴ Sun Butter Sandwich Sun Butter Wheat Bun (WGR) Peas Fresh Banana 1% or Whole Milk	¹⁵ Mac N Cheese Cheddar Cz Wheat Rotini (WGR) Baked Beans Pineapple 1% or Whole Milk	¹⁶
¹⁷	¹⁸ Veggie Burger Bombers Veggie Burger Wheat Rotini (WGR) Corn Fresh Apple 1% or Whole Milk	¹⁹ Black Bean Wrap Black Beans Wheat Tortilla (WGR) Vegetable Blend Peaches 1% or Whole Milk	²⁰ Sun Butter Sandwich Sun Butter Wheat Bun (WGR) Wheat Roll Fresh Orange Slices 1% or Whole Milk	²¹ Chili Beans Wheat Roll (WGR) Peas Pears 1% or Whole Milk	²² Grilled Cheese Cheddar Cheese Wheat Bread (WGR) Cucumber Salad Applesauce 1% or Whole Milk	²³
^{24/31}	²⁵ Black Bean Wrap Black Beans Wheat Tortilla (WGR) Mixed Veggies Apple Slices 1% or Whole Milk	²⁶ Sun Butter Sandwich Sun Butter Wheat Bun (WGR) Corn Fresh Orange Slices 1% or Whole Milk	²⁷ Cheddar Rollup Cheddar Cheese Wheat Tortilla (WGR) Carrots Pineapple 1% or Whole Milk	²⁸ Cheddar Rice Cheddar Cheese Wild/Brown Rice Blend (WRG) Green Beans Fresh Banana 1% or Whole Milk	²⁹ Rotini Parm Low Fat Mozz Cheese Wheat Rotini (WGR) Peas Applesauce 1% or Whole Milk	³⁰

All lunches follow cacfp (child and adult care food program)

Milk Guide 12-24 months (1/2 cup Whole Milk) 3-5 Years (3/4cup 1% Milk) Snack (1/2cup 1% Milk) 6-Adult (1cup 1% Milk)
 (WGR) = Whole Grain-Rich Foods

